

EFL TRUST FUTSAL

SOUTH WEST CHAMPIONSHIP AND LEAGUE ONE

2019-2020

COMPETITION FORMAT

The eleven teams entered in to the South West Championship and League One have been split across the two leagues, six in the Championship and five in League One.

All fixtures will be forty minutes, rolling clock with the exception of the last five minutes of each half being stop clock, one time out per team each half.

On some fixture weeks in League One, teams will be required to play two fixtures.

Normal league scoring system will apply (3 points for a win, 1 for a draw and 0 for a loss). Teams level on points will be separated by; Goal Difference, Goals Scored, Head to Head results.

The top **four teams** from each league will qualify for their competitions Play-Offs at the end of the regular season.

For further details, please refer to the 2019-2020 Rules and Regulations Handbook

**Championship Teams**; Bristol City A, Bristol City B, Cardiff City A, Cardiff City B, Exeter City A, Exeter City B

**League One Teams**; Bristol City C, Cardiff City C, Cardiff City D, Cheltenham Town A, Exeter City C

ROUND ONE

WEDNESDAY 18TH SEPTEMBER 2019

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Bristol City B | vs | Cardiff City A |
| 11:30 | Championship | Bristol City A | vs | Exeter City A |
| 12:45 | Championship | Exeter City B | vs | Cardiff City B |
|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City D |
| 11:30 | League One | Cardiff City C | vs | Exeter City C |
| 12:45 | League One | Cheltenham Town A | vs | Bristol City C |



ROUND TWO

WEDNESDAY 2nd OCTOBER 2019

CARDIFF HOUSE OF SPORT

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| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Cardiff City A | vs | Cardiff City B |
| 11:30 | Championship | Bristol City B | vs | Exeter City A |
| 12:45 | Championship | Exeter City B | vs | Bristol City A |
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|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City C |
| 11:30 | League One | Exeter City C | vs | Cheltenham Town A |
| 12:45 | League One | Cardiff City D | vs | Cardiff City C |



ROUND THREE

WEDNESDAY 16TH OCTOBER 2019

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Bristol City B | vs | Bristol City A |
| 11:30 | Championship | Cardiff City B | vs | Exeter City A |
| 12:45 | Championship | Cardiff City A | vs | Exeter City B |
|  |  |  |  |  |
|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City C |
| 11:30 | League One | Cardiff City D | vs | Exeter City C |
| 12:45 | League One | Bristol City C | vs | Exeter City C |



ROUND FOUR

WEDNESDAY 20TH NOVEMBER 2019

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Cardiff City B | vs | Bristol City A |
| 11:30 | Championship | Exeter City A | vs | Cardiff City A |
| 12:45 | Championship | Exeter City B | vs | Bristol City B |
|  |  |  |  |  |
|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City D |
| 11:30 | League One | Cardiff City C | vs | Exeter City C |
| 12:45 | League One | Cardiff City D | vs | Cheltenham Town A |



ROUND FIVE

WEDNESDAY 4TH DECEMBER 2019

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Bristol City A | vs | Cardiff City A |
| 11:30 | Championship | Exeter City A | vs | Exeter City B |
| 12:45 | Championship | Cardiff City B | vs | Bristol City B |
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|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Cheltenham Town A | vs | Bristol City C |
| 11:30 | League One | Cardiff City D | vs | Cardiff City C |
| 12:45 | League One | Exeter City C | vs | Cheltenham Town A |



ROUND SIX

WEDNESDAY 18TH DECEMBER 2019

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Bristol City A | vs | Bristol City B |
| 11:30 | Championship | Exeter City A | vs | Cardiff City B |
| 12:45 | Championship | Exeter City B | vs | Cardiff City A |
|  |  |  |  |  |
|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City C |
| 11:30 | League One | Cardiff City D | vs | Exeter City C |
| 12:45 | League One | Cardiff City C | vs | Cheltenham Town A |



ROUND SEVEN

WEDNESDAY 5TH FEBRUARY 2020

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Cardiff City A | vs | Bristol City A |
| 11:30 | Championship | Bristol City B | vs | Cardiff City B |
| 12:45 | Championship | Exeter City B | vs | Exeter City A |
|  |  |  |  |  |
|  |  |  |  |  |
| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Cardiff City D | vs | Cardiff City C |
| 11:30 | League One | Cheltenham Town A | vs | Bristol City C |
| 12:45 | League One | Exeter City C | vs | Cheltenham Town A |



ROUND EIGHT

WEDNESDAY 26TH FEBRUARY 2020

CARDIFF HOUSE OF SPORT

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| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Cardiff City B | vs | Cardiff City A |
| 11:30 | Championship | Bristol City A | vs | Exeter City B |
| 12:45 | Championship | Exeter City A | vs | Bristol City B |
|  |  |  |  |  |
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| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Cardiff City C | vs | Cheltenham Town A |
| 11:30 | League One | Cardiff City D | vs | Cheltenham Town A |
| 12:45 | League One | Bristol City C | vs | Exeter City C |



ROUND NINE

WEDNESDAY 18TH MARCH 2020

CARDIFF HOUSE OF SPORT

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Cardiff City A | vs | Bristol City B |
| 11:30 | Championship | Exeter City A | vs | Bristol City A |
| 12:45 | Championship | Cardiff City B | vs | Exeter City B |
|  |  |  |  |  |
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| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Cardiff City C | vs | Cheltenham Town A |
| 11:30 | League One | Bristol City C | vs | Exeter City C |
| 12:45 | League One | Cardiff City D | vs | Cheltenham Town A |



ROUND TEN

WEDNESDAY 22nd APRIL 2020

CARDIFF HOUSE OF SPORT

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| Kick Off | Division | Pitch One | | |
| 10:15 | Championship | Bristol City A | vs | Cardiff City B |
| 11:30 | Championship | Cardiff City A | vs | Exeter City A |
| 12:45 | Championship | Bristol City B | vs | Exeter City B |
|  |  |  |  |  |
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| Kick Off | Division | Pitch Two | | |
| 10:15 | League One | Bristol City C | vs | Cardiff City D |
| 11:30 | League One | Cardiff City D | vs | Exeter City C |
| 12:45 | League One | Cardiff City C | vs | Exeter City C |



PLAY-OFFS

Four teams from the 3 regional leagues will qualify for the Championship and League One Play Offs, competing in a 12 team bracket format.

All Play-Off fixtures will be played at a central venue, with one day for each competition (League One on 6th May, Championship on 13th May 2020). The winners from from each regional leagues will automatically fill spaces 1-3 in the quarter finals based on their seeding, along with the highest seeded second placed team taking seeding spot 4 in the quarter finals. All other teams will be seeded based on average points and goal difference and will slot in to the bracket format in the seeded spots in Round 1.

League One Play-Off fixtures will be rolling clock, with the exception of the last five minutes of each half being stop clock, one time out per team each half.

All Championship Play-Off fixtures will be full stop clock, with one time out per team each half.

The semi finals and final fixtures of each competition will be played at St George’s Park on the same day;

League One – Tuesday 19th May 2020

Championship – Wednesday 20th May 2020

PLAY-OFF BRACKET

|  |  |  |  |  |  |  |  |  |  |
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| **Round One** | | **Quarter Final** | | **Semi Finals** | | **Final** | |  |  |
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